



Spring 2012 Girls on the Run Coach Needs

San Francisco

Alvarado	Noe Valley	Mon/Wed	2:00-3:15pm	1
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Alameda

Amelia Earhart	Alameda	Wed/Sat	W:4-5pm, S:10-11:30am	1
World and Achieve	Fruitvale	Tue/Thu	4:00-5:15pm	1

Contra Costa County

Indian Valley	Walnut Creek	Tue/Thu	2:30-3:45pm	1
Cambridge	Concord	Mon/Thu	2:45-4:00pm	2

Total	6
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The Spring 2012 Season of Girls on the Run begins on February 27 and lasts for 10 weeks (with spring break and holidays off) - culminating in the end-of-season 5k run on Saturday May 12. Coaches teach a total of 20 lessons - you are expected to attend every practice.

You don't need any experience to coach - just an enthusiasm for inspiring young girls (3rd-5th grades) and the ability to complete a 5k run/walk. Girls on the Run will provide you with materials and program curriculum, and will train you to be an inspiring and impactful coach.

Coaches must be over age 18 and may be men or women.
You must complete a fingerprint and TB test by February 10th.
An hour-long training will be scheduled prior to the season's start.

Girls on the Run is a youth development program which combines an interactive curriculum and running to inspire self-respect and healthy lifestyles in pre-teen girls. Our core curriculum addresses many aspects of girls' development - their physical, emotional, mental and social well-being. Lessons provide girls with the tools to make positive decisions and to avoid risky adolescent behaviors. Girls on the Run is a national 501(c)3 nonprofit organization.

Questions? Contact Natalie Stack, Program Director at nstack@gotrbayarea.org
or 415.863-8942